



Golden Sunrise Swiss chard

Rich, slightly savoyed green leaves and deep golden stalks, midribs and veins make this a striking beauty. Holds excellent color both when harvested for baby leaf and when fully mature at 2' tall. Very productive plants are tender and succulent with a good flavor. Tolerates slight frost.

Culture: Prepare fertile, well-drained soil. Direct sow seeds in a warm, sunny location or partial shade (when temperatures can be high) in early fall. Ideal germination temperature is 55°-75°F.

Spacing: Soak seeds and rinse water 3-4 times before planting 1/2" deep, 3" apart. Like beets, chard "seeds" produce more than one plant, so will require thinning. Thin 6-12" apart.

When the plant has a strong root structure, harvest a couple of leaves from each plant. Plant will grow to 22-24" high. Mature plants can be cut back to 1-2" above soil for re-growth for a cut-and-come again harvest.

Irrigation: Keep soil moist.

Fertilizer: Granular Nature Safe 5-6-6 and Blood Meal, along with Compost Plus, Micros Plus, and Capacity Plus, used at VISTA at the beginning of the Fall season are sufficient.

Matures in 53-60 days, although you may harvest sooner. Always pluck or cut leaves when young and tender, taking a few from each plant. Leave about 2/3 of the plant intact unless there is crowding or signs of bolting. In this case, harvest an entire plant immediately.

https://www.kitazawaseed.com/seed_357-183.html

Beans, brassicas, and onions make the best companions for Swiss chard. It is also compatible with tomatoes and can benefit from the shade provided by tomato foliage.

Swiss chard should not be planted near potatoes, corn, cucumbers, or melons. All of these will either compete for soil nutrients or foster harmful pests.